

**INTRODUCTION**

The National Service Scheme was started by Government of India, Ministry of Education and Culture, Govt. of India, in Collaboration with State Government in the year 1969 in 37 selected Universities. Our University has been participating in the scheme right from its inception. At present the scheme is run by the ministry of Youth Affairs & Sports in Central Government and Department of Higher & Technical Education in State Government.

At present around 210 colleges of our University are implementing this scheme through 320 units with the 32000 students strength.

**AIMS AND OBJECTIVES**

- i. Understand the community in which they work.
- ii. Understand themselves in relation to their community.
- iii. Identify the needs and problems of the community and involve them in problem solving process.
- iv. Develop among themselves a sense of social and civic responsibility.
- v. Utilise their knowledge in finding practical solutions to individual and community problems.
- vi. Develop competence required for group living and sharing of responsibilities.
- vii. Gain skills in mobilizing community participation.
- viii. Acquire leadership qualities and democratic attitude.
- ix. Develop capacity to meet emergencies and natural disasters and
- x. Practice national integration and social harmony.

The educational goal of the NSS implies that besides gaining understanding of concepts like community, social structure, power conflict, etc. occurring in real life situations, students should acquire competence in the field of programme planning. Shouldering the responsibilities, participation in cooperative task and promotional work in the community.

The service goal of the NSS also calls educational approach in solving community problems. Its purpose is to help the community to recognize its needs and to assist in the mobilization of resources to meet these needs.

## **MOTTO OF NSS**

The Motto of NSS “Not Me But You” is a terse expression. On face it appears to be very simple and short. but behind it lies a lot of meaning. It is very deep and suggestive and is keeping with the spirit of service for others.

The expression stands for two things:

Forgetting and surrendering the self, and Rendering selfless service to others.

The word ‘Not’ before ‘Me’ is to reduce the self to nothing and the Word ‘But’ before ‘You’ can be expanded as follows: -

“I do not live for me but for you.” “The world is not only for me but to you also.”

## **NSS SYMBOL**

The symbol of the National Service Scheme, as appearing on the cover is based on the ‘Rath’ wheel of the *Konark* Sun Temple of Orissa. These giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun-chariot wheel, primarily depicts movement. The wheel signifies the progressive cycle of life.

## **NSS BADGE**

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking various programmes of community service. The *Konark* wheel in the symbol has eight bars i.e. 8 Prahars (period) which represent 24 hours of the day. Hence the badge reminds the wearer to be in readiness for service of the nation round the clock i.e. 24 hours. The red colour in the badge indicates that the NSS volunteers are full of blood. i.e. lively, active and spirited. The navy blue colour indicates the cosmos of which the NSS is a tiny part ready to contribute its share for the welfare of the mankind.

## **IMPLEMENTATION OF NSS PROGRAMMES**

Under the NSS Programme any student studying in a village or in a university who opts for and is selected for NSS is expected to continue for the period of two years and is required to render service for a minimum 120 hours per year and he is also required to participate in special camping programme.

The Special Camping Programme will be treated as separate project and the hours of work put in those programmes will be accounted separately and they should not be included in the 120 hours of normal NSS.

## **TERMS OF NSS**

A student enrolled in NSS should work for continuous two years and is expected to put in at least 120 hours of social service (in at least two community-based projects) in both the academic years. The enrolled NSS volunteer also expected to participate at least one 07 days special camp during his enrollment in NSS of two years.

## **ORIENTATION**

It is suggested that out of 120 hours of social service, which each student is expected to put in during the academic year at least 20 hours be used in the first year for orientation programme.

## **GENERAL ORGANISATION AND ADMINISTRATIVE STRUCTURE**

As the scheme needs active participation of the Central Government, the State Government, Universities and Colleges, the responsibility for evolving, implementing the evaluating programmes can be considered at four levels-

The National Level- NSS Regional Centre (NSSRC) headed by Deputy / Assistant Programme Advisor.

The State level- state Liaison Office headed by the state Liaison Officer.

The University Level- University NSS Cell headed by Programme co-ordinator under the guidance of hon. Vice chancellor.

The College Level- College NSS Unit headed by the NSS Programme Officer under the guidance of the Principal.

## **NSS ADVISORY COMMITTEE IN COLLEGE**

1.	Principal	Chairperson
2.	Two staff members with some background of social work	Member(s)
3.	One representative of the development department	Member(s)
4.	Representative from the adopted village / slum / welfare agency	Member(s)
5.	Two NSS student leaders	Member(s)
6.	NSS District Co-ordinator	Invitee
7.	Programme Officer, NSS	Member Secretary

The overall function of the NSS advisory committees at the college level is to advice on the various activities of the NSS unit based on the felt needs of the students and the community. It should meet regularly at least four times during the year.

The NSS Advisory Committee should discuss the matters pertaining to Programme / Projects to be implemented, review of the activities undertaken, future plan, approve the expenditure incurred on various programmes form time to time, the purchase/ disposal of dead stock items, etc.

The minutes of the Advisory Committee meeting should be recorded in the minute's book and should be forwarded to University NSS Cell within eight days of the holding of the meeting.

## **NATIONAL SERVICE SCHEME REGULAR PROGRAMMES**

The NSS Units in the adopted areas may take up a variety of programmes, depending upon the need of the area, means, resources and skills. As far as possible in planning the activities, student volunteers should be involved. The area like village, slum, resettlement colony, institution, should be selected on the basis of the need and willingness of the community to co-operate with students in work. The areas should, however, be within the easy reach of the students, i.e. 5 to 8 kms from the college.

Broadly, the present programmes under the NSS could be grouped in four broad heads:

- a) Regular NSS Programmes : These activities include work in rural areas by the mofussil college and work in slums and various welfare institutions by colleges in urban areas, These activities are aimed at providing work to the students, year round and also exposing them to strike reality in the community.
- b) Special Camping Programmes: The camps generally provided for construction work, socio- economics surveys, non- formal education programmes and intensive drives in the form of campaigns, etc. the Small Savings campaign, prohibition week, National Integration campaign. Grow more food campaign, eradicating various diseases, etc & various campaign organized by the Government Dept. & Voluntary Organisations.

An important form of occasional service by NSS Units is relief action in the event of natural catastrophe or other disasters. These services are usually undertaken as a part of Special Camping Programmes.

Suggestive list of activities during Regular as well as Special Camping Programmes:

- a. Environment Enrichment and Conservation: Whereas
- b. Health, Family Welfare and Nutrition Programme:
- c. Programmes aimed at creating an awareness for improvement of the status of women: These may, inter-alia, include:
- d. Social Service Programmes: Depending on the local needs and priorities, the following activities/programmes may be undertaken:
- e. Production Oriented Programmes:
- f. Relief & Rehabilitation work during Natural Calamities:
- g. Education and Receptions: Activities in this field could include:

# The above is only an illustrative list of the type of activities that can be undertaken. Under the programme it would be open to each NSS Unit to undertake one or more of these programmes or any other activity, which may seem desirable to them according to local needs. The NSS Unit should aim at the integrated development of the area selected for its operation, which could be a village or a slum. It has also to be ensured that at least a part of the programme does involve manual work.

## **ADOPTION OF VILLAGE(s) / SLUM(s)**

In order to ensure continuity of work vis- a- vis sustained action, re- evaluation and follow -up work each NSS Unit may adopt Village(s) / Slums(s).

In case of metropolitan cities, NSS Unit may adopt a nearby slums in addition to village for regular NSS activities. This will help to reduced the time and cost on transport to the minimum. In the fitness of things, it is necessary for the total socio- economic

development and uplift of the adopted village(s) / Slum(s) through sustained and continued efforts and also exercise proper and continued maintenance of community assets so created.

### **INCENTIVE TO NSS VOLUNTEERS**

NSS Volunteers get the following incentives.

- 1) A certificate from University after completing 240 hours in 2 year (i.e 120 hours each year) and one Special camp of Ten days according to rules and regulation of the University.
- 2) Preference in Public Service Commission if he has a certificate for 2 years of service in NSS and for attending a Special Camp (i.e. If there are two candidates of same caliber the candidates with NSS certificate will be given preference)
- 3) The benefit of it grace marks Ordinance 229 -A in the prescribed manner.
- 4) Extra marks in B. Ed admission examination.

### **DEPUTATION OF VOLUNTEERS FOR VARIOUS CAMPS/ PROGRAMMES**

Programme	Required Qualities of Volunteer
Leadership Training Camp (Organised by University)	Active volunteers expect to take responsibility of organising activities/ Camp and looking after administration of College NSS Unit
National Integration Camp / State/ University level Camps Annual Summer Camp	Responsible and active volunteers good in public speaking, rapport building and cultural activities like Dance, Song, etc. and well disciplined.
Utkarsha- Socio-Cultural Programme	Good in dance, drama, music, acting, singing, painting, etc.
Adventure Camp/ Programme	Physically Fit, ready for hard work, eager to learn, interested in trekking, rafting, sailing, gliding, skiing & other adventure activities.
State Pre R.D./National Pre R.D. (State Parade Camp organised by S.L.O., Govt. of Maharashtra and National Pre R.D. organised by NSS Regional Centre.)	Physically Fit, ready for hard work. Good in rapport building, public speaking cultural activities like dance, songs, instrumentalist etc. and well disciplined. Height-Male- 165 to 175 C.M. , Female 155 to 165 C.M.

### **WORKING WITH NGO / VOLUNTARY ORGANISATION**

While working with NOO / Voluntary organization the following care must take.

- The registered organization must be preferred.
- The organization must submit the project proposal to university NSS cell for approval.
- The joint project must have joint banner.
- The organization must recognize the work done by the College in their Annual Report and copy of the same must be submitted to University Cell.
- The expenditure incurred for the project e.g. refreshment to participants/ volunteers, honorarium or any other expenditure should be borne by the respective organization.

## **AWARDS FOR BEST WORK IN NSS**

District Level/ University Level/ State Level/ Indira Gandhi National Level Award for the best NSS Volunteers / NSS Programme Officers and College NSS Units.

Proposal for the award in specific format should be submit to University NSS Cell.

Proposal of following NSS Awards at various levels.

**Area/ District Level Awards** (amongst all the proposals received by University NSS Cell)

- Per District/Zone/Area ONE MALE & ONE FEMALE NSS Volunteer.
- Per District/Zone/Area ONE NSS Programme Officer.
- Per District/Zone/Area ONE College NSS Unit.

**University Level Awards** (amongst the proposals selected at Area/District Level)

1. Rural Base Colleges (Raigad, Ratnagiri, Sindhudurg & Thane District)
  - ONE Male & ONE FEMALE NSS Volunteer.
  - ONE NSS Programme Officer.
  - ONE COLLEGE NSS Unit.
2. Urban Base Colleges (Municipal boundaries of MCGB)
  - ONE Male & ONE FEMALE NSS Volunteer.
  - ONE NSS Programme Officer.
  - ONE COLLEGE NSS Unit.
3. Best NSS District Co-ordinator & Area Co-ordinator (Proposal will be asked from the District Co-ordinators & Area Co-ordinator.)
  - ONE Best District Co-ordinator
  - ONE Best Area Co-ordinator

**Recommendations for State/National Level NSS Awards.** (Among the proposals selected at University level)

- ONE NSS Volunteer amongst the proposals of University Level Awards will be recommended for State/National Level NSS Awards.
- ONE NSS Best College & Programme Officer amongst the proposals of University Level Awards will be recommended for State/National NSS Awards.

Note : Out of the proposal selected at University level the best proposal be recommended for State level award.

**Dr. (Smt.) Ushaben Mehta Endowment Scholarship for best NSS Female Volunteer.**

(Among the proposals selected at University level)

- ONE Best Female NSS Volunteer will be recommended for Dr.(Smt.) Ushaben Mehta Endowment Scholarship.

Note : Out of the proposal selected at University level the best female volunteer proposal will be recommended for Dr.(Smt.) Ushaben Mehta Endowment Scholarship.

## **CODE AND CONDUCT FOR NSS VOLUNTEERS**

- 1) All volunteers shall work under the guidance of group leader nominated by the Programme Officer.
- 2) They shall make themselves worthy of the confidence and co- operation of the group/ community leadership.
- 3) They shall scrupulously avoid entering into any controversial issue.
- 4) They keep day-to-day record of their activities / experience in the pages of the diary and submit the same to the group leader / programme officer for periodic guidance and record.
- 5) They should submit the diary by 30th January every year to the Programme officer for filling in the report cards.
- 6) The volunteers are not allowed to work independently in any project on their own. They should work in the agency / Village / Slum, approved / adopted area by the college NSS Unit.
- 7) The maximum credit in terms of hours of work in campus project which includes orientation, attending meeting and campus activities will be 20 hours.
- 8) In case of any controversial issue such as selection of volunteers for Special camps or any project, the policy decided by the Programme officer/ Principal of the college for selection, will be binding on all the volunteers.
- 9) Volunteers should carry their NSS diary and NSS badge with them while working in the project and it should be shown to the competent authority as and when demanded.