

UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME



Web site- www.nssmu.org.in
Tel. - 2287 3696
Vidyapeeth Vidyarthi Bhavan,
2nd Floor, 'B' Road, Churchgate,
Mumbai - 400 020.
No. NSS/ 153 /2017-2018.
Date:- 12.06.2017

To,
The Principal of Colleges having NSS Unit.

Subject:- Celebration of International Yoga Day on 21st June 2017 reg...

Dear Sir / Madam,

With reference to above subject, as per the communication received from Ministry of Youth Affairs & Sports, New Delhi, It is to inform that, as you are aware, 21st June every year is celebrates as International Yoga Day.

A suggestive action plan received from the Ministry is as follow...

- 1) Workshop on Yoga at College level on Yoga Day with demonstration & performance of Yoga-Asanas.
- 2) Performance of Yoga-Asanas in the campus by NSS Units on Yoga Day
- 3) Rallies in the College Campus / Adopted Area / City by NSS Volunteers for awareness about benefits of Yoga-Asanas and to motivate for living a healthy life.
- 4) All the Special Camp / Residential Camp programmes will have a component of performance of Yoga- Asanas.

It is requested to organise Programme to observe International Yoga Day on 21st June 2017 by all NSS Units. You may involve the organisation/ NGO of your area specialised in Yoga for the same. Kaivalyadham Yoga Centre, Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Patanjali Yoga Centre, etc. may be involved in this programme.

A brief report on the activities carried on International Yoga Day as per below proforma to be sent to the respective NSS District Co-ordinator with action photographs, news clipping. The NSS District Co-ordinators are requested to compile the activity data/report received from the College NSS units of your jurisdiction and be forward to undersigned for onward transmission to Ministry.

No. of College NSS Unit involved	Total no. of NSS Volunteers participated	Nature of activities conducted	Resource person / guest invited for programme

Looking forward for your co-operation.

With regards,

Yours sincerely,

Prof. B.S. Bidve,
NSS Programme Co-ordinator.

- C.C. to 1) Regional Director, Regional Directorate of NSS, Pune.
2) Dr. Atul Salunke, State NSS Officer, Govt. of Maharashtra.