

University of Mumbai



(NSS Programme coordinator)



Tel /Fax No.: 022-22873696

National Service Scheme Unit,  
Vidyapeeth Vidyarthi Bhavan,  
2<sup>nd</sup> Floor, B. Road, Churchgate,  
Mumbai-400 020

No. NSS/303/2010-20111.

Date: 26 August,2010.

To,

The Principal's of colleges having NSS Unit.

**Sub:- District Level Selection of NSS Volunteers for SRD/ Pre- R.D & Utkarsh, 2010**

Sir/ Madam,

As per the direction received from NSS Regional Center, Pune & SLO Office this year the selection criteria have been changed for the selection of NSS Volunteers for State National Pre Republic Day Parade. The State Level Selection will be organized at Nanded & Jalgaon between 16-18 September. Last year our 3 volunteers participated in NRD and 13 volunteers in SRD. This year we are planning to send more volunteers.

The college NSS Unit as requested to conduct selection at college level as per the selection criteria given below and depute the NSS volunteers for District/ University level selection at following Schedule:-

Zone	Date	Area	Time
Raigad	3 <sup>rd</sup> September,2010	Bhausahab Nane College, Pen, Raigad	9am.
Mumbai Central	31 August, 2010	K.J Somaiya Arts & Comm College, Vidyavihar	9 am
Mumbai City	7 <sup>th</sup> September, 2010	K.C College	10am
Mumbai Western	30 <sup>th</sup> August(Utkarsh) 31 <sup>st</sup> August (SRD/NRD)	Sathaye College, Vile Parle.	9.30 am
Thane Western	6 <sup>th</sup> September,2010	P.H Shorf Arts & COmm College, Chinchni, Vangaon (9 km from Dahanu)	10 am
Thane Central	29 <sup>th</sup> august,2010	CHM College, Ulhasnagar	10 am
Ratnagiri	5 <sup>th</sup> September,2010	Gogate - Jogalekar College	10am
Sindhudurg	4 <sup>th</sup> September, 2010	Sant Rawool Maharaj College, Kudal	10am

For more details contact the respective district coordinator.

The selection criteria are as follows:-

- Students must be registered bonafide NSS volunteers of college.
- Students must have 120 hrs in previous year.
- No NCC candidate will be entertained.

**A) Physical Eligibility:-**

- Should be from Graduation Level only ( 2 Male + 2 Female)
- Should have completed one year of volunteer ship.
- Should be unmarried.
- Should be physically fit to participate in R.D Parade Camp activities.

- Height: 155 to 165 cm for girls and 165 to 175 cm for boys.
- Weight: There should be no evidence of weak constitution, bodily defects or under weight or else.
- Chest: Full Expanded Chest should not be less than 80 cms for boys and 75 cms for girls. The minimum range for expansion after full inspiration should be 5cms.
- Should be able to run upto 2 kms in 15 mins.
- Push ups and sit ups: minimum 20 for boys and 15 for girls.
- Chin ups: minimum 8 for boys and 5 for girls.

**B) Cultural Skills for Utkarsh camp:**

- Should have continuous training in the performing field for a minimum of 3 years. OR belong to a traditional performing artist's family.
- Should have won a prize in the University or State level Performance.

**You are requested to depute 1 male 1 female NSS volunteers for the selection of SRD/NRD & Utkarsh camp respectively as above.**

The volunteers must bring letter from college and the proforma at the time of selection.

Yours Sincerely,

Prof. Atul Salunke

(I/C NSS Programme Co-ordinator)

This is a computer generated copy. It does not require signature.